



POST-TREATMENT INSTRUCTIONS

General Information for Treatment With Local Anesthetic

- Children should be observed until the numbness wears off, approximately 2 hours due to the numbness.
- Children may bite their lip, cheek or tongue which could cause swelling and discomfort.
- If your child is hungry, we encourage liquids, milkshakes or smoothies until the numbness wears off. (No solids)
- The gums around teeth worked on may be sore for a few days. You may use Ibuprofen as long as he/she isn't allergic.
- Regular brushing/flossing should be maintained and in turn will increase the longevity of any treatment provided.

Conscious Sedation

- Please monitor your child for the rest of the day. The medication they received will stay in their system for 24 hrs.
- If your child falls asleep, make sure they are sleeping on their side where their airway is not blocked.
- Please remove gauze if any was used.
- Indoor, light play for the remainder of the day

Crowns

- Avoid chewing on hard, sticky foods and candies.
- Placement of crowns may cause gums to be a little sore initially. It's like wearing a new pair of shoes, it may feel tight at first but should feel normal within a day or two.

Extractions

- Encourage your child to bite on gauze for the first 20 minutes after extraction.
- Sometimes the child may experience mild swelling.
- Avoid using a straw for the rest of the day. Recommended diet includes scrambled eggs, Jell-O, ice cream, mashed potatoes, etc. Avoid crunchy foods.
- Minimal bleeding is to be expected. In case of persistent bleeding have your child bite on some gauze for 45 minutes.
- Have your child rest and avoid strenuous activity for the rest of the day.

Sealants & Space Maintainers

- Your child's bite may feel different. It takes a few days to get use to any new change in the mouth.
- Avoid chewing on hard, sticky foods, and candies.

Please feel free to contact us if you have any further questions. Phone: 281-238-4746